

DO MY EXTENDED HEALTH BENEFITS COVER REIKI & REFLEXOLOGY?

There are some plans which do cover Reflexology. Greenshield is one company that covers Reflexology appointments.

Registered Certified Reflexology Therapists (RCRT) accredited within the **Reflexology Association of Canada (RAC)** are able to provide their clients with a receipt. This receipt can then be sent to the individual insurance company for a potential reimbursement.

By automatically submitting receipts, it informs insurance companies that Reflexology is a therapy in demand and deserves to be considered among reimbursable treatments.

Another suggestion is to use your Extended Health Spending account that several insurance companies offer. This fund is a designated amount to be used for a wide range of services outlined in your policy. Many other insurance companies will allow Reflexology under such an account.

Contact your specific insurance company for those details and how to submit for reimbursement. Mention the association 'Reflexology Association of Canada' as well as the name and registration number of your RCRT shown on your receipt.