

FREQUENTLY ASKED QUESTIONS

WHAT CAN I EXPECT FROM MY FIRST VISIT TO A NATUROPATHIC DOCTOR?

Your first visit with an ND may be one hour or more in length. A very extensive patient history interview is done to elicit information about your physical, mental, emotional, and spiritual health. A complaint-oriented physical exam is performed. Your ND may suggest further specialized testing.

With your input, your ND will propose a personalized treatment plan to help you achieve your health goals.

HOW DO I PAY FOR A VISIT TO A NATUROPATHIC DOCTOR?

Visits to an ND are currently NOT covered by OHIP. Payment is made in full at the time of the visit and the Clinic accepts most credit cards, debit, and cash. Many private insurance plans cover some or all of the cost of a visit to an ND. If you have insurance coverage, an insurance receipt is issued at the time of payment.

ARE NATUROPATHIC DOCTORS REGULATED IN ONTARIO?

Naturopathic doctors are regulated under the RHPA, 1991 and are able to perform seven (7) controlled acts. NDs are licensed and governed by the College of Naturopaths of Ontario (CONO).

HOW CAN I TELL IF SOMEONE IS QUALIFIED AS A NATUROPATHIC DOCTOR?

In Ontario, visit www.collegeofnaturopaths.on.ca. Or, you may call the College of Naturopaths of Ontario (CONO) at 416-583-6017.

Additionally, to find a licensed naturopathic doctor near you, visit www.oand.org.